

REGISTRATION INFORMATION

Program Series Description

Series One:

Key 1:

*Transform Your Attitude About
Maturation*

Key 2:

Seek Love Everywhere

Key 3:

Delight in Connectedness

Key 4:

Live in the "Now"

Key 5:

Accept Your True Self

Key 6:

Forgive Others and Self

Series Two:

Key 7:

*Let Go of Anger & Other Inner
Turmoil*

Key 8:

Give Yourself to Others

Key 9:

Celebrate Your Faith

Key 10:

*Discover the Deep Meaning in
Life*

Key 11:

Make Your Feelings Work for You

Key 12:

Achieve Balance in Your Life



About Dr. Richard Johnson Ph.D.

Dr. Johnson holds a doctorate in gerontological counseling. He has worked extensively with religious groups in the U.S. and Canada, helping them to grow more vibrantly in the middle and later phases of their lives. He is the executive director of the Association for Lifelong Adult Ministry headquartered in St. Louis Missouri. He writes:

Aging is not a contradiction of God's promise of abundance; rather, it is an extension of that promise. Aging allows us to live in abundance. For us to benefit from this promise of abundance, we must learn to celebrate our own aging as a valuable process of growth and development.

Liguori Publications 1998

The 12 Keys To Spiritual Vitality

REGISTRATION DEADLINE

September 30, 2011

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\$125.00 PAYABLE TO:
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1040 Waterloo St. London. ON
N6A 3Y1

Attn: Mary Smith