



What is a Parish Nurse?

A parish nurse is a specially trained registered nurse who is called to ministry and affirmed by a faith community to promote health, healing and wholeness among its members.

Recognizing the interconnectedness of body, mind and spirit, parish nurses promote wellness through health education, advocacy, spiritual support and linking the needs of those they serve to resources in the greater community, health care system and their community of faith.

Parish nurse ministry is designed to involve individuals of all ages, families and congregations as active partners in their personal health.

Parish Nursing activities may include:

- Health fairs
- Emergency planning for individuals and communities
- Blood pressure screening
- Nutrition and exercise programs
- Supporting the hospitalized, home-bound, and parishioners transitioning to Long Term Care
- Assisting families facing illness, loss, grief and bereavement
- Support of babies and new parents

* Parish nurses do not provide hands on nursing care such as dressing changes, medications or personal care.

Comments from past participants:

"Thank you for one of the best and most significant weeks of my life."

"Very pertinent to concerns of 'today' and so supportive of Parish Nursing."



FOUNDATIONS IN PARISH NURSING

Bringing the healing love of Christ to those we serve

For more information about
Foundations in Parish Nursing
or for registration information,
go to www.spicf.ca

or contact
Catherine Leach
cleach4@uwo.ca
1-866-548-9649 or
1-519-432-1824 ext. 281

Deadline for applications
MAY 31, 2012



Co- sponsored by
St. Joseph's Health Care Society
Promoting the ministry of health and healing

INSTITUTE FOR
CATHOLIC FORMATION
at St. Peter's Seminary

For more info about parish nursing
visit the CAPNM website at
www.capnm.ca

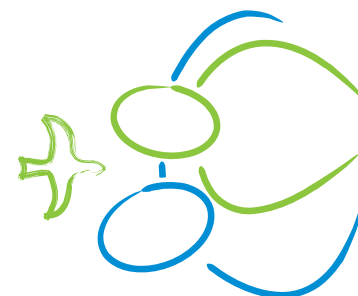
A CHRISTIAN FORMATION PROGRAM FOR REGISTERED NURSES
offered through the Institute for Catholic Formation at St. Peter's Seminary

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July 13 – 19, 2012

Holy Family
Retreat House
Oxley, Ontario



Are you...

...a registered nurse committed to the holistic concept of health care, including the spiritual dimension of healing and health?

...interested in both educational and personal growth?

...interested in learning more about this exciting new field of Parish Nursing?

If you have answered YES to any of these the Foundations in Parish Nursing Program might be just what you are looking for!

Our Program

An educational, spiritual, and personal growth experience for registered nurses. It is designed to introduce fundamental concepts of the practice of parish nursing which has its basis in the Christian faith, and seeks health promotion with a preventative focus. The course is open to any Registered Nurse who is interested in integrating spirituality, health and wholeness into their nursing practice. This program meets the criteria of the Canadian Association for Parish Nursing Ministry (CAPNM) Standards of Practice and Core Competencies.

Course Objectives

- To introduce participants to the foundations, tools and practical knowledge necessary to begin a parish nursing ministry.
- To gain biblical, theological, historical and ethical perspectives on health-care issues.
- To identify the physical, mental, emotional, social and spiritual dimensions of personhood.
- To acquire a basic understanding of leadership skills in pastoral and spiritual care, integrating nursing skills with spirituality and pastoral skills as a form of ministry.
- To recognize the parish nurse's role in assisting clients to achieve wellness while modeling self-care.
- To develop a support system and relationships with other spiritually centered nurses in order to sustain parish nursing practice and individual spiritual growth.

Our program is designed to foster a learning community as participants work through three distinct stages of study:

1. Preparatory Home Study:

A period of reading and reflecting prior to the summer residency.

2. Summer Residency:

A week long intensive program at beautiful Holy Family Retreat House on Lake Erie.

3. Post-residency Program:

'Foundations Plus' includes opportunities for ongoing support and certification.

Summer Residency Cost: \$1395.00

Summer Residency Program

July 13-19, 2012

A variety of presentations and workshops led by experienced parish nurses, professors, pastors and others. It will include opportunities to build a network of friendships and support as well as time for personal and communal prayer and reflection.

Topics covered will include:

- *Introduction to parish nursing*
- *Concepts of spiritual nursing practice*
- *Teaching and counseling roles*
- *Scriptural foundations of whole-person health care*
- *Wellness and illness prevention*
- *Spiritual and congregational needs assessment*
- *Legal issues*
- *Culture and diversity*
- *Bereavement support*

Among the many distinguished faculty who will facilitate in 2012, we are pleased to welcome again Fr. Mark Miller C.Ss.R.



ABOUT FR. MARK MILLER, C.Ss.R.

After 16 years as a clinical bioethicist at St. Paul's Hospital in Saskatoon, Fr. Mark has become the provincial of the English-speaking Redemptorists of Canada, residing in Toronto. He continues part-time at the Centre for Clinical Ethics and has been a big supporter of parish nursing all his career.