

PASTORAL THEOLOGY 5572B

Pastoral Care in Parishes - St. Peter's Seminary

Crisis Counselling: Case Studies in Developing Pastoral Skills

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COURSE DESCRIPTION

This course applies the skills learned in Pastoral Counselling I and II to specific pastoral situations, especially situations of crisis. The skill and knowledge of the student will be engaged while drawing on the experience of our guest presenters. Issues that impact on Pastoral Care and Pastoral Counselling in a Parish setting are specifically addressed.

GOALS

This course will assist students to grow in knowledge, skills, and attitudes;

KNOWLEDGE:

This course will provide you with the opportunity to enhance and identify your own gifts, acknowledge and accept your limitations, so that you will grow in self-knowledge.

You will also have the opportunity to learn about appropriate intervention with persons in crisis.

SKILLS:

You will from members of the community, and from your peers, to be a sensitive compassionate presence to another in their situation. You will also be given the opportunity to acquire listening skills, and providing a place of trust and confidentiality.

ATTITUDES:

It is hoped this course will provide you with the willingness to refer persons in crisis to other professionals. It is a privilege to touch the lives of those whose spirits are wounded. It is hoped that you will develop an openness to the disenfranchised, and all members of our human family.

ASSESSMENT

CLASS PARTICIPATION

An essential part of this course is **Class Participation**

- Dialoguing regularly in class and with our guest speakers
- Role plays.
- **Presenter of Prayer** at the beginning of class. Each student will be involved by rotation, for prayer to be planned with the topic of the class in mind.

Worth 20% of your grade

BOOK REPORT – FEBRUARY 13

Due online at 9:00 am Tuesday, February 13, 2018

3-4 page reflection on the text for the course. Please include:

- Brief summary of the Model
 - The Role of Pastoral Counselling and Spiritual Direction
 - Unique Resources for Pastoral Counseling
 - Why Strategic?
 - Tasks and Stages
- Reflection on usefulness of the model in the parish as a pastor
Brenner, Strategic Pastoral Counselling: A Short Term Structured Model

Worth 25% of your grade

LOCAL RESOURCE REPORT – MARCH 5

Due online at 9:00 am on Monday March 5, 2018

List of Pastoral Resources of the Agencies and professionals in your home town.

Worth 10% of your grade

REFLECTION PAPER – MARCH 20

Due at 9:00 am on Tuesday, March 20, 2018

The Reflection Paper on the theme, “My Beliefs, My Strengths, and My Limitations as a Pastoral Counsellor” will include responses to the following questions;

1. What are your own beliefs regarding Crisis Counselling in light of your Theological Studies at the Seminary and your Pastoral Experience? How does the gospel tie in with your work as a Counsellor?
2. What has been your experience thus far in Counselling? What did you discover about the work of counselling and what did you discover about yourself?
3. As you look forward to the prospect of many people coming to you for counselling over the coming years in your parish ministry, what are some of your anxieties? What limitations do you recognize in yourself as you prepare for this ministry?
4. What are the key insights that you gained from this course that will help you in your ministry as Crisis Counsellor?
5. What are your personal strengths, what is it about yourself that will be most helpful to persons in crisis?

5 pages - Worth 35% of your grade

THEOLOGICAL REFLECTION

Theological Reflection. You will give an oral Theological Reflection, referring to scriptural passages with which your reflection makes association.

Worth 10% of your grade

OUTLINE OF CLASSES

JANUARY 9

Introduction

- Crisis we have experienced in Parish Life
- How do we deal with loss?
- What are the long-term effects of trauma?

Pastoral Ministry as the Presence of Christ

- Counseling from a Biblical Perspective

JANUARY 16

Pastoral Presence

- Listening - Empathy - Compassion

JANUARY 23 - PASTORAL CARE IN HOSPITALS: FR. FRED HOWARD SMITH

JANUARY 30

Loss

- Helping other recover from losses
- Helping the Grieving person recover and Say Goodbye

FEBRUARY 6 - MENTAL HEALTH: REBECCA MACHADO

FEBRUARY 13 - MARITAL CRISIS AND CONFLICT: THERESA HARTNETT

FEBRUARY 20

Reading Week

FEBRUARY 27 - FIRST THEOLOGICAL REFLECTION

Conflict Resolution

- Listening Skills - Wisdom
- Mutual Values - Empathy

MARCH 6 - BEREAVEMENT MINISTRY: CATHY WALSH

MARCH 13 - SECOND THEOLOGICAL REFLECTION

Crisis

- Phases of Conflict
- Process of Crisis Intervention
- When Time Doesn't Heal

MARCH 20 - PASTORAL CARE IN SCHOOLS: MARY BECHBERGER

MARCH 27 - THE THIRD THEOLOGICAL REFLECTION

Crisis of Suicide

- For the individual
- Helping the Suicidal Person and His or Her Family

APRIL 3 - FOURTH THEOLOGICAL REFLECTION

Ministering to Children

- Time of Loss, Crisis or Trauma for Children
- Children's Crisis
- Guidelines to Help Children in Grief

APRIL 10

Adolescents

- The Crisis of Adolescence
- Helping the Adolescent

UNIVERSITY POLICIES ON WRITTEN ASSIGNMENTS:

1. Policies regarding Submission of Assignments and Tests
 - a. It is the responsibility of the student to organize his or her work so that the assignments can be completed on time.
 - b. Assignments are to be handed in at the class on the due date. Assignments may not be dropped off at King's or submitted electronically.
 - c. For a serious reason, a student may be granted an extension. On the form provided, the student is to write a brief explanation of the reason for the extension. This is to be signed by the teacher, with the extended date noted. A copy of the extension notice is given to the Dean.
 - d. Any medical reasons will be confirmed by proper documentation as approved by the Dean's Office.
 - e. A penalty of 10% of the value of the assignment will be deducted for each day it is overdue without permission.
 - f. No electronic devices will be allowed during tests or the examination, unless approved in advance by Student Services at the University or King's. (This refers to students with disabilities who have permission to use a word processor to write their exams/tests.)

- g. Students who miss tests will negotiate a "make-up" date with the professor. Any medical reasons will be confirmed by proper documentation as approved by the Dean's Office.
- 2. Internet References
- 3. If references are given from Internet sites the exact designation of the site must be given a hard copy of the page from which the quote is taken or to which the reference is made.
- 4. Academic Offences
 - a. "Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following web site: <http://www.uwo.ca/univsec/handbook/appeals/scholoff.Pdf>"
 - b. "All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>)."