

# PASTORAL THEOLOGY 5572B

Pastoral Counseling III - St. Peter's Seminary

Tuesday – 7:00P.M. to 9:00P.M. – Room 115

## ***Crisis Counselling: Case Studies in Developing Pastoral Skills***

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### **A. COURSE DESCRIPTION**

This course applies the skills learned in Pastoral Counselling I and II to specific pastoral situations, especially situations of crisis. The skill and knowledge of the student will be engaged while drawing on the experience of our guest presenters. Issues that impact on Pastoral Care and Pastoral Counselling in a Parish setting are specifically addressed.

### **B. GOALS**

This course will assist students to grow in knowledge, skills, and attitudes;

#### **KNOWLEDGE:**

This course will provide you with the opportunity to enhance and identify your own gifts, acknowledge and accept your limitations, so that you will grow in self-knowledge.

You will also have the opportunity to learn about appropriate intervention with persons in crisis.

## SKILLS:

You will from members of the community, and from your peers, to be a sensitive compassionate presence to another in their situation. You will also be given the opportunity to acquire listening skills, and providing a place of trust and confidentiality.

## ATTITUDES:

It is hoped this course will provide you with the willingness to refer persons in crisis to other professionals. It is a privilege to touch the lives of those whose spirits are wounded. It is hoped that you will develop an openness to the disenfranchised, and all members of our human family.

## ASSESSMENT

An essential part of this course is **Class Participation**

You will be involved with dialoguing regularly in class and with our guest speakers, also in role plays.

- **Presenter of Prayer** at the beginning of class. Each student will be involved by rotation, for prayer to be planned with the topic of the class in mind.
- A Book Report
- **List of Pastoral Resources** of the Agencies and professionals in your home town.
- **A Reflection Paper** on “My Beliefs, Strengths and limitations as a pastoral Counsellor”
- **Theological Reflection.** You will give an oral Theological Reflection, referring to scriptural passages with which your reflection makes association.

## GRADING

- Class Participation 20%
- List of Pastoral Referrals 10%
- Reflection Paper 35%
- Book Report 25%
- Theological Reflection 10%