

**ST. PETER'S SEMINARY/ KING'S UNIVERSITY COLLEGE
at The University of Western Ontario**

Fall Semester 2015

PASTORAL COUNSELLING III , 5572A

WEDNESDAY 9.30-11.20a.m.

Professor- Josephine Herriott 519-432-1824 ext 246

jherriot@uwo.ca

Office Hours- Tues., Weds., Thurs, 12.30-4.30p.m.

By appointment

A. COURSE DESCRIPTION

This course applies the skills learned in Pastoral Counselling I and II to specific pastoral situations, especially situations of crisis.

Factors that impact on Pastoral Care and Pastoral Counselling in a Parish setting are specifically addressed.

B. GOALS

This course will assist students to grow in knowledge, skills, and attitudes;

Knowledge:

This course will provide you with the opportunity to enhance and identify your own gifts, acknowledge and accept your limitations, so that you will grow in self-knowledge.

You will also have the opportunity to learn about appropriate intervention with persons in crisis.

Skills:

You will from members of the community, and from your peers, to be a sensitive compassionate presence to another in their situation. You will also be given the opportunity to acquire listening skills, and providing a place of trust and confidentiality.

Attitudes:

It is hoped this course will provide you with the willingness to refer persons in crisis to other professionals. It is a privilege to touch the lives of those whose spirits are wounded. It is hoped that you will develop an openness to the disenfranchised, and all members of our human family.

ASSESSMENT

An essential part of this course is **Class Participation**

You will be involved with dialoguing regularly in class and with our guest speakers, also in role plays.

Presenter of Prayer at the beginning of class. Each student will be involved by rotation, for prayer to be planned with the topic of the class in mind.

A Book Report is due by **October 7th 2015**

The text book is "***Strategic Pastoral Counselling***" by David Benner
ISBN 10:0-8010-2631-8

List of Pastoral Resources of the Agencies and professionals in your home town. This paper is due by **October 28th 2015**

A Reflection Paper on "My Beliefs, Strengths and limitations as a pastoral Counsellor" is due by **December 2nd 2015**

Theological Reflection. You will give an oral Theological Reflection, referring to scriptural passages with which your reflection makes association.

GRADING

Class Participation	20%
List of Pastoral Referrals	10%
Reflection Paper	35%
Book Report	25%
Theological Reflection	10%

E. BOOK REPORT OUTLINE.

(a) Your report should be a critical reflection on the subject matter of the book, not simply a summary.

(b) Is there anything in the book in particular that will help you with your ministry" Was there anything in the book that you wished you had known before your Pastoral Year?

(c) When making a direct reference to the text, please include Page Number.

Length.

You paper should be 3 pages long, typed and double spaced.
Please include a title page.

SCHEDULE OF PRESENTATIONS.

September 16	Introduction to the Course What is a crisis?	Jo Herriott
September 23	Fundamentals of Pastoral Counselling	Jo Herriott
September 30	Crisis Case Studies Role Play	Jo Herriott
October 7	Homosexuality	Jo Herriott
October 14	Marital Crisis and Conflict Book Reports Due	Dr. Laura Beres
October 21	Domestic Abuse and Violence -Women's Community House	Bonnie Baker
October 28	Role Play	Jo Herriott
November 4	Bereavement Ministry	Jo Herriott
November 11	Suicide	Jo Herriott
November 18	Mental Health	Dr. Marnie Wedlake
November 25	Conflict Resolution	Jo Herriott
December 2	Theological Reflection Integration Reflection Paper is due	Jo Herriott
December 9	Burn-Out Counter-Transference Closure	Jo Herriott