

**ST. PETER'S SEMINARY / KING'S UNIVERSITY COLLEGE**  
**at Western University**  
**Fall 2022**

**T-5541A**  
**Theology of Sacramental Reconciliation and Healing**  
**Fridays 9:30 a.m. - 11:30 a.m.**  
**St. Peter's Seminary: Class Room 148**

Instructor: Fr. Pio Beorchia  
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**A. COURSE DESCRIPTION**

This course offers a multi-disciplinary treatment of the Sacrament of the Anointing of the Sick and the Sacrament of Penance (a.k.a. Reconciliation, Confession). The disciplines from which the sacraments will be viewed are: Sacred Scripture, Sacred Tradition (doctrine), Sacred Liturgy, culture, pastoral application, and some treatment of the juridical aspect. These will be presented through the development in sacred history of these two sacraments. The *Rite of Penance* and the *Pastoral Care of the Sick*, the two official liturgical texts of these sacraments, present the doctrine of the Church upon which we can reflect. (2 hours per week of class)

**B. GOALS**

This course will assist students to grow in the following knowledge, skills and attitudes:

**Knowledge:**

1. To understand how the sacraments of Reconciliation and Anointing of the Sick are part of God's plan, the "economy of salvation";
2. To understand how Christ is the primary sacrament, how the Church is the sacrament of Christ, and how the two sacraments of healing illustrate this;
3. To understand how these sacraments are actions of the Trinity;
4. To know the biblical background of each of these sacraments and how this is to be understood in the light of modern exegesis;
5. To know the historical and magisterial development of each of these sacraments, and to be able to distinguish what is essential and constant and what is transient in their development;
6. To know how these sacraments are liturgical celebrations, and to be familiar with the liturgical texts;
7. To know the key theological articulations of each of these sacraments, i.e., their matter and form, what is *ex opere operato* and *ex opere operantis* in terms of their sacramental efficacy, what is required for validity, liceity, and fruitfulness, and what is required of the ministers and the recipients;
8. To see how these sacraments are encounters with Christ and not just "things";

9. To see what are the current theological developments pertinent to these sacraments;
10. To understand the theological and disciplinary problem areas regarding sacramental reconciliation, and some of the legitimate new orientations as well as “pastoral pitfalls” in these areas;
11. To understand the specific dimensions of each of these sacraments as they affect our Christian lives regarding growing in our spirituality, prayer, life of ongoing conversion, and experiencing sickness and death in a Christian perspective, i.e., identifying with the Paschal Mystery of Christ.

**Skills:**

1. To develop the ability to discover and explain the various historical documents and magisterial teachings relevant to the sacrament of Reconciliation and the Anointing of the Sick;
2. To understand the theology underlying each of these sacraments and to be able to apply it in various environments with pastoral sensitivity and to be able to communicate it to the various kinds of parishioners (children, adolescents, married and single people, seniors) so that they can be moved to experience and celebrate these sacraments with new zeal and love;
3. To be able to connect the theology of these sacraments with the various appropriate liturgical themes as well as canonical ones, seeing them as an integrated but distinct whole;
4. To appreciate the cultural and social analyses surrounding each of these sacraments so that various connections can be made to create links among them so that the relevancy of all aspects is seen as complementary and not disjunctive, e.g. the relevancy of various self-help groups (A.A.);
5. To connect the theology of sacramental reconciliation with wider issues in peoples’ lives demanding reconciliation and to develop skills which allow for various kinds of celebrations of reconciliation and healing in pastoral settings;

**Attitudes:**

1. To engender Christ’s attitude of humility and zeal in being an “ambassador of reconciliation” even in the presence of dissension and division; to be aware that the whole Church is a reconciling church;
2. To instil an attitude of wonder and awe at the power of the Holy Spirit at work in a world in need of healing;
3. To foster an intelligent (intellectually and emotionally) pastoral spirit respecting both the person the teachings of our faith;
4. To develop a respectful attitude in multi-cultural environments as well as appreciating how the faith and the sacraments are inculturated;
5. To appreciate how the Holy Spirit is at work and how penance is present on many levels drawing all to conversion and to Christ;
6. To be growing in a caring and sensitive attitude in dealing with the sick and the suffering as well as celebrating the sacrament of the anointing of the sick with great sensitivity in such delicate situations;
7. To appreciate the value and virtue of penance;

8. To develop attitudes of service and mission in dealing with reconciliation and with the sick.

### C. ASSESSMENT.

#### 1. Expectations:

- a) Sacramental Penance and the Sacramental Anointing of the Sick have undergone dramatic developments from their inception, both in theory and in practice. Forms of these rituals were present before Christ Jesus instituted them as sacraments of the New Covenant. Today many people are seeking meaning and purpose to their lived experiences of sickness, human weakness, guilt, remorse, sin, forgiveness, and reconciliation. We will explore some of the ways these fundamental themes arose historically and were reflected upon theologically. This exploration will help inform an approach to our present day lived experiences so that we can be better ministers of these two sacraments to the Church and in the world.
- b) Benefiting from our pastoral experience:
  - i) Each student has had some experience of pastoral ministry. Most, if not all, have assisted or been present to the celebration of these sacraments. Some students have participated or been present to some form of program dealing with these sacraments. We hope to build on this rich mix of experience in this course.
  - ii) The academic requirements are designed to corroborate the readings with pastoral experiences. It is an opportunity to read materials which can provide both theological insights and the pastoral means to applying them. The purpose of the readings is to discover creative ideas for making reconciliation and healing relevant to a world that desperately needs them but does not appreciate their anthropological or theological value.
  - iii) We will learn from those who have pastoral experience in parishes and hospitals how they present our Roman Catholic teachings in celebrating these two sacraments.

#### 2. Assignments:

- a) Interview of a Priest (October 1): This is a 30-45-minute interview either in person, online, or over the phone. The interviewer will seek to get an “inside” look at the status of the sacraments of Penance and Anointing of the Sick from the pastoral point of view of the priest-celebrant. What has been effective and what difficulties are present around the celebration of the Sacrament of Reconciliation? Similarly, how is the Sacrament of the Anointing of the Sick perceived by the faithful? A list of suggested questions will be distributed to guide the interviewer. Students are asked to submit a 2-page (double spaced) summary of interview answers and be prepared to present and discuss their findings in class if called upon.
- b) Paper (Oct 21): This is a 3-4-page (double spaced) paper on the 1984 apostolic exhortation of St. Pope John Paul II, *Reconciliatio et Paenitentia*. St. John Paul II offers a manifold and organically unified definition of *penance*. What is the thesis of the exhortation? How is this thesis answered? What are the essential elements of the Sacrament of Penance and how do they relate to the whole? What does this imply about the human person (human nature) and about God (divine nature)?
- c) Class seminar (Nov 18): Each presenter is expected to present a twenty-minute seminar on one of the topics listed below. A one-page outline for each member of

the class is to accompany the seminar. The focus is a pastoral one. This is an opportunity to explore written, and audio/visual materials on reconciliation and healing to discover some useful materials which will help in future ministry in this area. The student may also consult priests and pastoral ministers in order to discover practical insights. Remember the goal is the person – how will you offer to the person an opportunity of faith, hope, and charity that will benefit them and the Church? Without actually presenting the subject the student is to explain what they will present and why. Sample topics for this seminar are as follows:

- i) Teaching about sin and reconciliation in RCIA programs today. How would you present an RCIA session on these topics?
- ii) Preparing children for First Confession through a parish program for those attending public schools. What would such a program entail? What would the concluding First Reconciliation Liturgy look like?
- iii) Communal preparations for the Sacrament of Reconciliation and Healing Services in the life of the parish. How would you prepare for these and what form would your Penance Service or Healing Service or Reconciliation and Healing Service take?
- iv) Preparing teenagers, members of youth groups, pilgrim youth for the sacrament. How would you prepare this very specific demographic and what would a liturgy of the Sacrament of Penance look like for them?
- v) Teaching about sickness and the Sacrament of the Anointing of the Sick in RCIA programs today. How would you present an RCIA session on these topics?
- vi) Connecting the Sacrament of Reconciliation with Healing Ministry. How would you make this connection pastorally? See Scanlan, Michael. *The Power in Penance: Confession and the Holy Spirit*. Notre Dame, IN: Ave Maria, 1972.
- d) A final exam: The exam questions may be taken from:
  - i) any and all materials covered in class;
  - ii) any and all materials presented in the seminars;
  - iii) any and all materials from course texts and assigned reading.
- e) Class Participation: this includes attendance, contributing to discussions through questions and comments, listening and responding respectfully to the contributions of others.

3. Summary of marks for the work done:

a) Interview of a Priest: Due October 1 <sup>st</sup>	15
b) Reflection Paper: Due October 22 <sup>nd</sup>	15
c) Seminar: Presented November 19 <sup>th</sup>	20
d) Class Participation	10
e) End of term exam	40
f) TOTAL:	100

**D. (TEXT) BOOKS:**

1. Texts:

- a) Kasza, John C. *Understanding Sacramental Healing*. Chicago: Hillenbrand Books, 2007.
- b) Fastiggi, Robert L. *The Sacrament of Reconciliation: an anthropological and scriptural understanding*. Chicago: Hillenbrand Books, 2017.

## 2. Other:

- a) John Paul II. Apostolic Exhortation on Reconciliation and Penance in the Mission of the Church Today *Reconciliatio et Paenitentia*, December 2, 1984.
  - i) As found in *Acta Apostolicae Sedis* 77 (1985): 185-275.
- b) *The Rite of Penance* (the CCCB is working on a new ritual).
- c) The Roman Ritual, *Pastoral Care of the Sick – Rites of Anointing and Viaticum*, Ottawa, Canadian Conference of Catholic Bishops, 1983. (the CCCB is working on a new ritual)
- d) A copy of the Canon of Sacred Scripture

**E. SCHEDULE, TOPICS & READINGS**

*\*Please note that the following schedule may be subject to fluctuation as the semester progresses.*

Week	Date	Topic	Suggested Readings
<b>Unit One: The Sacrament of the Anointing of the Sick</b>			
0		Preparatory Readings	<i>Catechism of the Catholic Church: 1113-30; 1210-11; 1262-7; 1271; 1285; 1302-3; 1391-1401; 1420-70; 1471-84; 1499-1525.</i>
1	Sept. 9	<p>Introductory remarks</p> <p>Sickness and Healing in Sacred Scripture Jesus' rapport with the sick</p> <p>Christian Healing from the Early Church to the Middle Ages: the Development of the Rite</p>	<p>· Kasza, Chapters 1-2.</p> <p>· Cessario, Romanus.</p> <p>“Anointing of the Sick: The Sanctification of Human Suffering” in <i>Nova et Vetera</i> v. 17 n. 2 (2019): 297-307</p> <p>· Mk 6.7-13; Lk 5.17-26; Jn 9.1-7</p> <p>· Jas 5.13-16</p> <p>· Hippolytus of Rome. <i>The Apostolic Tradition</i>, 5.</p> <p>· Innocent I, <i>Letter to Decentius of Gubbio</i>.</p>
2	Sept. 16	<p>Christian Healing from the Scholastics to the Second Vatican Council: the Development of the Rite</p> <p><i>The Pastoral Care of the Sick</i></p>	<p>· Kasza, Chapter 3.</p> <p>· Aquinas, T. <i>STh Suppl.</i>, 30, 1.</p> <p>· <i>General Council of Florence</i>.</p> <p>· <i>Council of Trent</i>, 14<sup>th</sup> Sess.</p> <p>· <i>Sacrosanctum Concilium</i>, 73.</p> <p>· Apostolic Constitution:</p>

			<i>Sacrament of the Anointing of the Sick</i> , Paul VI (p 5-9 in <i>Pastoral Care of the Sick</i> , CCCB) · <i>Pastoral Care of the Sick: Praenotanda</i> , p. 10-22. · <i>Pastoral Care of the Sick</i> , Chapter 4.
3	Sept. 23	Pastoral and Theological Issues	· Ratzinger, J. <i>Note on the Minister of the Sacrament of the Anointing of the Sick</i> . · Kasza, Chapters 6-7
<b>Unit Two: The Sacrament of Penance/Reconciliation/Confession</b>			
4	Sept. 30 “ <i>Interview of a Priest</i> ” <i>is due today</i>	Introductory remarks  Sin, Forgiveness and Mercy in Sacred Scripture  Jesus reveals the Father of Mercies	· Fastiggi, Chapter 3 · Fastiggi, Chapter 4
5	Oct. 7	The Patristic Period and the Canonical Form of Penance	· <i>The Didache</i> : pgph. 4, 14, 15. · <i>Shepherd of Hermas</i> , prg. 8. · Tertullian. <i>On Penitence</i> , 8-12. · Augustine. <i>Sermons 352 &amp; 352</i> .
6	Oct. 14	The Celtic Influence and the Tariffed Form of Penance	· Columban. <i>Penitential</i> · Alcuin of York. <i>Letter to the Christians of Goth</i> · Jonah of Orleans · <i>Of True and False Penance</i>
7	Oct. 21 <i>Reflection on «Reconciliation and Penitence» is</i>	Consolidation of Praxis  The Scholastics: theology of the sacrament	· Lateran Council IV, no. 21 · Peter Lombard. <i>Sentences, IV, Dist. 22, chp 2</i> . · St. Thomas. <i>ST III Q 84, 85</i> . · Fastiggi, Chapter 5

	<i>due today</i>		
8	Oct. 28	The Ecumenical Council of Trent	· Council of Trent. <i>Session XIV: The Most Holy Sacraments of Penance and Extreme Unction.</i>
	Nov. 4	<i>Fall Reading Week: No Class</i>	
9	Nov. 11	Council of Trent Second Vatican Council	· Fastiggi, Chapter 7
10	Nov. 18 <i>Seminars</i>	<i>Seminars Presented Today</i>	
11	Nov. 25	The Second Vatican Ecumenical Council  <i>The Rite of Penance</i>	· <i>The Rite of Penance</i> (the CCCB is working on a new ritual).
12	Dec. 2	The Theologies of Mercy and Sin  The Reconciling Church	· Fastiggi, Chapter 1 · Fastiggi, Chapter 6
13	Exam	Date to be determined.	

## F. UNIVERSITY REGULATIONS AND SUPPORT SERVICES

**Students are responsible** for knowing the University's academic policies and regulations and any particularities of their own course of study. Ignorance of these policies is not an excuse for any violation thereof. The following policies are particularly important to note:

**Accommodations for Tests/Examinations:** Students with disabilities work with Accessibility Services which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The accommodation policy can be found here: [https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/Academic%20Accommodation\\_disabilities.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic%20Accommodation_disabilities.pdf)

Students are responsible for seeking accommodation with appropriate documentation, prior to writing tests/examinations, if they are of the view that their performance may be affected by extenuating circumstances. **All students requiring academic accommodations for tests and examinations must use the services offered through King's University College.**

### **How to Request Academic Accommodation – King's Students:**

<https://www.kings.uwo.ca/current-students/courses-enrolment/exams-and-tests/medical-accommodation/>

**UWO Policy on Accommodation for Medical Illness:**

[https://uwo.ca/univsec/pdf/academic\\_policies/appeals/accommodation\\_medical.pdf](https://uwo.ca/univsec/pdf/academic_policies/appeals/accommodation_medical.pdf)

Student Medical Certificate (SMC):

<https://www.eng.uwo.ca/files/undergraduate/student-medical-certificate.pdf>

**Scholastic Offences:** Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

[http://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf)

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system.

<http://elearningtoolkit.uwo.ca/terms/plagiarism.html>

**Copyright re: Course Material:** Lectures and course materials, including power point presentations, tests, outlines, and similar materials are protected by copyright. Faculty Members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a Faculty Member. Similarly, students own copyright in their own original papers and exam essays. If a faculty member is interested in posting a student's answers or papers on the course web site he/she should ask for the student's written permission. (Commercial use of Course material - <http://umd.edu/legal/commercial.html>)

**Scholarly Citation:** According to the policy adopted by the faculty of St. Peter's Seminary, all citations, references and bibliographies in written assignments are to follow the formatting prescribed in the Chicago Manual of Style. Footnotes are to be used, rather than author-date references in the body of the text. Please review and consult the summary provided by Kenrick-Glennon Seminary at <https://www.kenrick.edu/wp-content/uploads/Guide-to-Academic-Papers-and-Citations.pdf> for further information.

**Submission of Assignments:** It is the responsibility of the student to organize his or her work so that the assignments are completed on time. A penalty of 10% of the value of the assignment will be deducted for each day it is overdue without permission.

Students who are unable to hand in assignments or take examinations for legitimate reasons must consult with the instructor. If the reason is medical, students may be required to provide a note from a doctor. Ordinarily, all assignments and exams will be made up at a later date. In certain circumstances, the final grading scheme may be re-weighted if the missed assignment is of a low weight.

**Selection and Registration of Courses:** Students are responsible for ensuring that their selection of courses is appropriate and accurately recorded, that all prerequisite course(s) have been

successfully completed, and that they are aware of any anti-requisite course(s) that they have taken.

**Classroom Conduct:** Students are expected to conduct themselves with respect for everyone and with professionalism in all classroom activities. Laptops and other electronic devices may be used for classroom academic activities only. The use of such devices must always be in accord with the common good of the whole learning community as specified by the instructor. The instructor may choose at any time to limit their use for instructional purposes or because of the disruptive use of such devices.

You are not allowed to have a cell phone, or any other electronic device, with you during tests or examinations.

### **Support Services:**

Information about Accessibility, Counselling and Student Development (formerly Services for Students with Disabilities) at King's is available at

<https://www.kings.uwo.ca/current-students/student-services/>

For emotional/mental health assistance see: <http://www.kings.uwo.ca/current-students/campus-services/student-support-services/personal-counselling/>

The website for Academic Services at King's University College is

<http://www.kings.uwo.ca/current-students/academic-support/>

Students who are in emotional/mental health distress should refer to Mental Health@Western: <https://uwo.ca/health/services/students/index.html> for a complete list of options about how to obtain help.

University Students Council provides many valuable support services for students (including the health insurance plan) <http://westernusc.ca/services/>.

These services are not meant to replace those offered at the Seminary but may be beneficial to our students after consultation with the appropriate instructors, administrators, and formators.

## **G. CITATIONS**

According to the policy adopted by the faculty of St. Peter's Seminary, all citations, references and bibliographies in written assignments are to follow the formatting prescribed in the Chicago Manual of Style. Footnotes are to be used, rather than author-date references in the body of the text. Please review and consult the summary provided by Kenrick-Glennon Seminary at:

<https://www.kenrick.edu/wp-content/uploads/Guide-to-Academic-Papers-and-Citations.pdf> for further information.

## **H. SELECT BIBLIOGRAPHY**

### **Papal and Magisterial Documents**

- *Catechism of the Catholic Church*. Rev. ed. Ottawa: Canadian Council of Catholic Bishops, 1999. See paragraphs indicated in "E. Schedule, Topics and Readings".

- *Code of Canon Law / Translation Prepared Under the Auspices of the Canon Law Society of America*. Latin-English ed. Washington, D. C: Canon Law Society of America, 1983. (See canons 959-97)
- Francis. Address of His Holiness: Meeting with Indigenous Peoples and Members of the Parish Community of Sacred Heart (25 July 2022). At Edmonton, <https://www.vatican.va/content/francesco/en/speeches/2022/july/documents/20220725-incontroedmonton-canada.html>. (Reconciliation as it relates to the Church)
- John Paul II. Apostolic Letter in the form of Motu Proprio *Misericordia Dei*, April 7, 2002.
- John Paul II. Apostolic Letter on the Christian Meaning of Human Suffering *Salvifici doloris*, February 11, 1984. Washington, DC: Office of Publishing Services, United States Catholic Conference, 1984.
- John Paul II. Bull of Indiction of the Great Jubilee of the Year 2000 *Incarnationis mysterium*, November 29, 1998. (Gives a brief theology of indulgences relating to penance)
- John Paul II. Post-Synodal Apostolic Exhortation on Reconciliation and Penance *Reconciliatio et paenitentia*, December 2, 1984. Ottawa: Canadian Conference of Catholic Bishops, 1984. \*
- *Manual of Indulgences: Norms and Grants / Apostolic Penitentiary*. Washington, D.C: United States Conference of Catholic Bishops, 2006.
- *Note on the Minister of the Sacrament of the Anointing of the Sick*. Congregation for the Doctrine of the Faith. Rome: Editrice Vaticana, 11 February 2005.
- Penitenzieria Apostolica. *Peccato Misericordia Riconciliazione: Dizionario Teologico-Pastorale*. Città del Vaticano: Libreria Editrice Vaticana, 2016.
- *Rituale Romanum, Ordo Paenitentiae*. Roma: Typis Polyglottis Vaticanus, 1974; (*The Rite of Penance*. Washington, DC: USCCB Publications, 2010)
- The Roman Ritual, *Pastoral Care of the Sick – Rites of Anointing and Viaticum*, Ottawa, Canadian Conference of Catholic Bishops, 1983.

### Comprehensive Texts

- Coffey, David M. *The Sacrament of Reconciliation*. Collegeville, MN: Liturgical Press, 2001.
- Cuschieri, Andrew. *The Sacrament of Reconciliation: A Theological and Canonical Treatise*. Lanham, MD: Univ. Press of America, 1992. (presents many resources)
- Dallen, James. *The Reconciling Community – The Rite of Penance*. NY: Pueblo Publishing Co., 1986; (very thorough)
- Tierney, Clement. *The Sacrament of Penance and Reconciliation*. NY: Costello Publishing, 1983. (theological treatment of conversion and the Paschal Mystery).

### Periodicals (useful for class preparation)

- *Chicago Studies*, Vol. 34, no. 2 (August, 1995); (assessment of where we are regarding confession)
- *Études Canadiennes en Liturgie*, Raymond Vaillancourt, “La Pénitence dans l’existence contemporaine”, Année, 1993, numéro 5, pp.7-98; (summary of the history of penance, stressing the theology of conversion; with a bibliography of French resources at the end;)
- *National Bulletin on the Liturgy*, Vol. 26, no. 135 (1993). “Reconciliation for a Broken

World”; (general sociological overview)

- *National Bulletin on the Liturgy*, “The Reconciling Church”, Ottawa, Vol. 29, no.145 (Summer, 1996), 67-113; (all seven articles are by James Dallen)
- *National Bulletin on the Liturgy*, “The Rite of Penance: Trying It Again For the First Time”, Vol. 34, no. 164 (Spring, 2001), 5-53; “The Rite of Penance: A Sharing of Pastoral Wisdom”, Vol. 34, no. 165, 68-107; (update on the Canadian reality).

### References for Overview of Forgiveness and Sacramental Reconciliation

- Cessario, Romanus. “Christian Satisfaction and Sacramental Reconciliation” in Levering, Matthew and Michael Dauphinais (eds.) *Rediscovering Aquinas and the Sacraments: Studies in Sacramental Theology*. Chicago: Hillenbrand Books, 2009. (p. 65-75). (Cessario helps explain Aquinas’ understanding of Penance)
- Dallen, James, and Favazza, Joseph. *Removing the Barriers: The Practice of Reconciliation*. Chicago: Liturgy Training Publications, 1991. (a light, easy-to-read and up-to-date presentation on key areas for today)
- Favazza, Joseph. *The Order of Penitents: Historical Roots and Pastoral Future*, Collegeville, MN: Liturgical Press, 1988. (history of penance while looking at the specific possibility of the Order of Penitents for today)
- Fink, Peter, S.J., ed., *Alternative Futures for Christian Worship*, Collegeville, MN: Liturgical Press, 1987. (presents ideas on penance)
- Gula, Richard. *To Walk Together Again: The Sacrament of Reconciliation*. NY: Paulist, 1984. (helpful use of “story” for Sacrament of Penance)
- Haffner, Paul. “Penance”, *The Sacramental Mystery*, Herefordshire, England: Gracewing, 1999. (brief summary of the historical development of sacrament of reconciliation)
- Hebblethwaite, Margaret & Donovan, Kevin. *The Theology of Penance*. Butler, WI: Clergy Book Services, 1979. (a summary of the history of the Sacrament of Reconciliation;)
- Hellwig, Monica. *Sign of Reconciliation and Conversion – The Sacrament of Penance for Our Times*. Wilmington, DE: Michael Glazier, 1982. (overview with some insights)
- Luitjen, E. *Sacramental Forgiveness as a Gift of God: Thomas Aquinas on the Sacrament of Penance*. Leuven, Belgium: Peeters, 2003.
- Maloney, George. *Your Sins Are Forgiven You: Rediscovering the Sacrament of Reconciliation*. NY: Alba House, 1994. (popular, easy to read;)
- Martos, Joseph. *Doors to the Sacred*. NY: Image, 1982, pp. 307-64. (summarizes the development of the Sacrament of Penance;)
- Rahner, Karl. “The Status of the Sacrament of Reconciliation” in *Theological Investigations*. London: Darton, Longman & Todd, 1963, Vol. II, 135-74.
- Rahner, Karl. “The Status of the Sacrament of Reconciliation” in *Theological Investigations*. N.Y: Crossroads, 1992, Vol. XXIII, pp. 205-18.
- Thévenot, Xavier. *Sin: A Christian View for Today*. Liguori, MO: Liguori Pub., 1984. (a treatise on the sacrament)
- Vorgrimler, Herbert. “The Sacrament of Reconciliation” in *Sacramental Theology*, Collegeville, MN: Liturgical Press, 1992, pp. 200-25. (summary of development of Penance; treats the question of indulgences)

### Reflective Sources on Forgiveness and Reconciliation

- Augsburg, David W. *Helping People Forgive*. Westminster: John Knox Press, 1996.
- Bråkenhielm, Carl Reinhold. *Forgiveness*. Philadelphia: Fortress Press, 1993.
- Breault, William. *Trying to Forgive: Four Exercises That Encourage Forgiveness*. Notre Dame, IN: Ave Maria Press, 1993. (Audio Cassettes)
- Capps, Donald. *The Depleted Self: Sin in a Narcissistic Age*. Philadelphia: Fortress Press, 1993.
- Enright, E., ed., *Exploring Forgiveness*. Madison, WI: University of Wisconsin Press, 1998.
- Fenn, Richard K. *The Secularization of Sin: An Investigation of the Daedalus Complex*. Westminster: John Knox Press, 1991.
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- Forest, Jim. *Confession – Doorway to Forgiveness*. Maryknoll: Orbis Books, 2002; (includes stories re. reconciliation and biblical aspects; exam. of consciences)
- Gestrich, Christoph. *The Return of Splendor in the World – The Christian Doctrine of Sin and Forgiveness*. Grand Rapids, MI: Eerdmans, 1998. (restatement of the doctrine of sin with respect to modern philosophy and theology)
- Hughes, Kathleen, Joseph A. Favazza, and Chuck Ludecke. *A Reconciliation Sourcebook*. Chicago: Liturgy Training Publications, 1997. (collection of prayers and exhortations on reconciliation)
- Kennedy, Robert, ed. *Reconciling Embrace: Foundations for the Future of Sacramental Reconciliation*. Chicago: Liturgy Training Pub., 1998.
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### **Additional Resources**

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- Kidder, Annemarie S. *Making Confession, Hearing Confession – A History of the Cure of Souls*. Collegeville, MN: Liturgical Press, 2010. (an in-depth treatment of how forms of confession are present in Christian denominations)
- Kendzia, Mary Carol. *Catholic Update Guide to Confession*. Cincinnati, OH: St. Anthony Press, 2011.

### **Sacrament of the Anointing of the Sick**

- Boyle, John F. "Saint Thomas Aquinas on the Anointing of the Sick" in Levering, Matthew and Michael Dauphinais (eds.) *Rediscovering Aquinas and the Sacraments: Studies in Sacramental Theology*. Chicago: Hillenbrand Books, 2009. (p. 76-84). (Boyle shows the development of Aquinas' understanding of Anointing of the Sick)
- Cessario, Romanus. "Anointing of the Sick: The Sanctification of Human Suffering" in *Nova et Vetera* v. 17 n. 2 (2019): 297-307.
- John Paul II. Apostolic Letter *Salvifici Doloris*. Rome: 1984. (The Holy Father treats the meaning of human suffering).
- Keller, Paul Jerome. *101 Questions and Answers on the Sacraments of Healing: Penance and the Anointing of the Sick*. NY: Paulist, 2010. (a little catechism on these two sacraments;)

- Larson-Miller, Lizette. *The Sacrament of the Anointing of the Sick*. Collegeville, MN: The Liturgical Press, 2005.