# **Summer Intensive**

Participants experience a week-long intensive program in a safe online setting. Learning is facilitated by experienced and passionate parish nurses, professors and pastors representing various Christian faith communities. There are abundant opportunities to build a network of support and friendships as well as time for both prayer and reflection.

Included topics:

- Scriptural foundations of whole person health care
- History of Christian healing
- Understanding spiritual nursing practice
- Roles of the parish nurse
- Professional practice and legal issues
- Values and ethics in health decisions
- Working in a ministry team
- Prayer, devotions and worship leadership
- Theological reflection
- Establishing a parish nursing ministry

Among the distinguished faculty who facilitate this program, we are pleased to welcome



Fr. Mark has a particular passion for faith-based health care, ethics, hospice palliative care, and parish nursing. He is currently the provincial superior of the Englishspeaking Redemptorists in Canada while working parttime for the Centre for Clinical

Ethics out of St. Joseph's and St. Michael's Hospitals in Toronto.



### For Program Fees and Dates:

Fees, dates and more information about the program is available at

www.stpetersseminary.ca

You can also call:

519-433-0658 ext. 234

or email: pastoralservicesadmin@dol.ca

## Program co-sponsor:



For more information about parish nursing ministry in Canada, visit: www.capnm.ca



# Foundations in Parish Nursing

A National, Ecumenical Certificate Program for Registered Nurses



Bringing the healing love of Christ to those we serve

"and he sent them out to preach the kingdom of God and heal the sick."" (Luke 9:2)

# **Foundations in Parish Nursing**

A program committed to the healing ministry of the church providing programs that promote the health, healing and wholeness in faith communities

#### **OUR PROGRAM**

This program is designed to introduce fundamental concepts of parish nursing, which has its basis in the Christian faith, and promotes health, wellness and illness prevention. Any registered nurse interested in integrating spirituality, health and wholeness into their nursing practice should apply.

This program meets the criteria of the Canadian Association for Parish Nursing Ministry (CAPNM) Standards of Practice and Core Competencies.

#### Main Objectives:

- Introduce participants to the foundations and practical knowledge necessary to begin a parish nursing ministry
- Gain biblical, theological, and ethical perspectives on health care issues
- Recognize the parish nurses' role in assisting clients to achieve wellness
- Acquire understanding in pastoral and spiritual care
- Develop a support system among other spiritually-centred nurses
- Foster a learning community and provide ongoing education opportunities to support faith-based community health

#### WHAT IS A PARISH NURSE?

A parish nurse is a registered nurse with specialized education who is called to ministry and affirmed by a faith community to promote health, healing and wholeness among its members. Recognizing the interconnectedness of body, mind and spirit, parish nurses promote wellness through health education, advocacy and spiritual support.

Parish nurse ministry is designed to involve people of all ages, families, and congregations as active partners in their personal health and wellness. Activities can include:

- Health education and counselling
- Linking to community resources, services and support
- Blood pressure screening
- Nutrition & exercise programs
- Support for the hospitalized, home-bound, and parishioners transitioning to long-term care
- Assisting those facing illness, loss, grief and bereavement
- Support for babies & new parents

NOTE: Parish nurses do not provide technical nursing care such as dressing changes, medications or personal care.

#### **PROGRAM COMPONENTS**

#### **1 - SUMMER INTENSIVE**

A week-long intensive online program to introduce registered nurses to wholistic health care, spiritual healing and parish nursing as a ministry. As part of the education and personal growth aspects, the program incorporates knowledge sharing and prayer in a safe setting. Some reading and reflection work is required both prior to and following the summer residency.

#### **2 - FOUNDATIONS PLUS**

Following the summer intensive, one to two years of ongoing education will lead to a Certificate in Parish Nursing Ministry.

**Requirements include:** 

- Reading and assignments
- Online learning through the University of Dayton Virtual Learning Community
- Mentored practicum of 100 hours
- Final weekend of instruction

#### **ONLINE STUDIES**

Additional online courses for personal and/or professional development are also available.

Current courses include:

- •The Parish Nurse as Counsellor and Spiritual Companion
- •The Parish Nurse: Facilitating Wholistic Health Through The Lifespan.



